

## Sample Training Conference Schedule

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:15-8am	Arrivals	<i>Eurythmy Movement Exercises</i>						Breakfast	
8:15-9am		BREAKFAST							
9:15-10:30am		<i>Walk with a partner in nature</i>	<b>Small Group Healing Plant Observation</b> outside, hands-on, in the garden				Departures		
10:30-11:00		MORNING BREAK							
11:00-12:15am		<b>Small Group Study and Discussion</b> learning the core concepts of an anthroposophic, integrative approach							
12:30-2pm		LUNCH							
2-3:15pm		<b>Clinical Workshop #1</b> Clinical insights and treatments for common diseases							
3:15-3:45p		Registration	AFTERNOON BREAK						
3:45-5pm			<b>Clinical Workshop #2</b> teaching relating to medical specialties, pharmacy, or other therapies						
5:15-5:45pm				<i>Walk in nature</i>		<i>Walk in nature</i>			
6-7:15pm	DINNER								
7:15-8:30pm	<b>Introduction</b> to the conference theme	<b>Evening Presentations</b> related to meaning and morality in medicine, meditation, personal growth			<b>Artistic performance</b>	<b>Evening Presentation (cont.)</b>		<b>Sharing and Reflections</b> with cake	

6 x 45 min. = 270

24 x 75 min. = 1800

2 x 30 min. = 60

5 x 75 min. = 375

2505 min. = 55 contact teaching credits per session

**Treating the Whole Patient—Anthroposophic Medical Training**

*Physicians' Association for Anthroposophic Medicine (PAAM)*