

The History of Mistletoe Therapy <i>presented by Dr. Steven Johnson, DO</i>	In this presentation Dr. Johnson introduces the origins of mistletoe therapy and offers an introductory look into some indications, using mistletoe as adjuvant care, and a brief overview of mistletoe products and threefold diagnosis. Also included is a short discussion on integrative oncology, naturopathic oncology and anthroposophic medicine.
The History of Mistletoe Therapy in the Context of the Development of Modern Oncology <i>presented by Dr. Marion Debus MD</i>	Dr. Debus offers a deeper dive into the history of mistletoe therapy, highlighting its origination and many of the physicians who have worked with mistletoe in the last hundred years. She offers a comprehensive look into their methods, research and findings. Case studies are discussed throughout. The changing attitudes towards cancer immunotherapy and intravesical mistletoe treatment are also discussed.
The Immunology and Science of Mistletoe <i>presented by Dr. Paul Faust ND</i>	Dr. Faust offers a very detailed discussion that includes a look at the bioactive constituents of Viscum Album Extract (VAE), at mistletoe lectins, the mistletoe mechanism of action, viscotoxins and the specifics of immune modulation with VAE
The Current State of Research <i>presented by Dr. Marion Debus MD</i>	Dr. Debus presents an in-depth discussion of current Phase III clinical trials taking place in Europe related to bladder cancer and pancreatic cancer, as well as Phase I/II study on intravesical mistletoe therapy. She also discusses the findings of several important studies released in recent years.
Mistletoe Therapies and Constitutional Polarities in the Human Being <i>presented by Dr. Peter Hinderberger MD</i>	Dr. Hinderberger introduces basic concepts of anthroposophic medicine, discusses the causes of cancer and looks at the stages of cancer development. He further explores the alchemical steps of mistletoe production and the unique characteristics of mistletoe that make it an effective therapy in treating cancer and he offers a very brief introduction to host trees.
VAE and Constitutional Polarities in the Human Being <i>presented by Dr. Nasha Winters ND</i>	Dr. Winters presents additional comments and insights into the causes of cancer and bridging the gap between integrative and anthroposophic medicine.
Basic Prescribing and Choosing Mistletoe Therapies <i>presented by Dr. Peter Hinderberger MD</i>	Dr. Hinderberger takes a more specific look at the four VAE producers, provides contact information, and offers a very detailed discussion on selecting the appropriate VAE preparations, as well as suggested protocols
Fundamentals & Prescribing/Choosing VAE Therapies <i>presented by Dr. Nasha Winters ND</i>	Dr. Winters offers additional pearls regarding prescribing VAE
Understanding Induction Therapy and Advanced Dosing Protocols <i>presented by Dr. Marion Debus MD</i>	Dr. Debus discusses the "being of cancer" and explores the dynamics of warmth, fever and cancer. Detailed discussion of the cancer immunity cycle and tertiary lymphoid structures are explored. Protocols for mistletoe induction therapy are presented at length. Patient criteria, indications, contraindications, requirements, and how to's are discussed followed by examinations of lab results and outcomes. Discussion of IV mistletoe therapy is also presented.
Getting to Know Helixor <i>presented by Dr. Nasha Winters ND</i>	Dr. Winters discusses the mistletoe mechanism of action. Immune modulation with VAE and supportive care with VAE during chemotherapy and radiation to reduce side effects.
Learning How to Integrate Helixor, Abnoba, Iscador and Iscucin <i>presented by Dr. Marion Debus MD</i>	Dr. Debus examines the similarities and subtle differences in methods of extraction and processing amongst the four VAE producers. She discusses the unique characteristics of the preparations and how they can best be applied to varying circumstances. Dr. Debus also presents questions for choosing which host tree preparations are best suited to individual cases and what to consider when choosing a mistletoe preparation.
Introduction to Helleborus and Adjuvant Integrative and Anthroposophic Medicine <i>presented by Dr. Steven Johnson DO</i>	Dr. Johnson presents the traditional history of Helleborus niger and its immunomodulating effects. He also presents a discussion of the plant's cytotoxic and apoptosis-inducing effects, its constituents and their pharmacological effects, as well as well-trying indications. Mode of administration and dosage are also discussed. Examination of a pilot study on the efficacy of Helleborus niger in rheumatoid arthritis is also presented. Further discussion of non-Hodgkin's lymphoma, as well as intravenous vitamin C and mistletoe injections are explored, as are other integrative treatments and anthroposophic remedies.

<p>Lymphoma, Sarcoma and Brain Tumors <i>presented by Dr. Marion Debus MD</i></p>	<p>Dr. Debus presents the general aspects of lymphoma and presents an in-depth case study involving fever-inducing mistletoe therapy, An in-depth case study of high grade T-Cell-Non-Hodgkin Lymphoma Stage IV is presented. Dr. Debus also specifically addresses the treatment of brain tumors and briefly touches upon the use of Cetraria islandica in the treatment of sarcoma.</p>
<p>Basic Rules of VAE Therapy <i>presented by Dr. Nasha Winters ND and Dr. Paul Faust ND</i></p>	<p>Dr. Winters and Dr. Faust present information on choosing the appropriate type of VAE for the patient, discuss dose escalation and specifics of subcutaneous VAE application. A discussion of subcutaneous reaction parameters is also presented along with dosing protocols. A detailed discussion of intravenous infusion of VAE is also offered, including special considerations and IV protocol options. Case studies are presented.</p>