

Application Portfolio for Certification in Anthroposophic Medicine

Applicant Name:

A. Documentation of contact time

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

See attached certificate/letter

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

See attached certificate/letter

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

See attached certificate/letter

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

See attached certificate/letter

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Documentation of contact time, continued:

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

See attached certificate/letter

Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

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Topic/Title of Training Seminar:

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Topic/Title of Training Seminar:

Sponsoring Institution:

Date(s):

Contact Hours:

Course director's signature:

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B. Independent work

Topic:

Resource(s) used:

Topic:

Resource(s) used:

Topic:

Resource(s) used:

Topic:

Resource(s) used:

Topic:

Resource(s) used:

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C. Mentored practice hours

The required 250 hours of mentored practice required for certification are structured in a ratio of 1:4, to include:

- 50 hours of direct contact with a mentor (calculated at 45 minutes teaching time per mentoring credit hour):
 - Individual mentoring work (in person, by telephone, email)
 - Grand rounds (the AM proportion, while working at a hospital)
 - Discussion of inpatient/outpatient cases (among physicians and inter-professionally)
 - Attendance in a physician's practice (observing your mentor at work)
 - Case seminars (supervised patient-oriented small group work)
 - Patient-oriented peer discussions (AM council, group mentoring activities)
 - Patient-oriented discussion in a forum of AM experts
- another 200 hours of treating patients, including preparation, follow up, research, etc.

Mentored practice hours can be conducted through a variety of training activities and also with more than one recognized physician. These hours refer to patient care time in which the trainee is already practicing independently (i.e., after graduation, post-residency) and is applying to certify in Anthroposophic Medicine (this can be either inpatient or outpatient care).

Mentors certify both the hours of mentored contact and the corresponding hours of patient treatment with their signatures. *For remote (distance) mentoring, a single signed letter can be submitted, summarizing mentoring interaction (dates), content, mentoring hours and associated patient care hours.*

Mentored Practice Hours Log

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

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Mentored Practice Hours Log, continued:

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

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Mentored Practice Hours Log, continued:

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

See attached certificate/letter

Mentor:

Mentor contact information:

Training content/activity:

Date(s):

Mentored Hours:

Patient Care Hours:

Mentor's signature:

Total Credit Hours:

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D. Project work

One or up to three papers should be written that do not exceed 15 pages in total length. The topic(s) should relate to Anthroposophic Medicine and the trainee's current continuing medical education. The projects or paper(s) must show the trainee's ability to independently work with the fundamental elements of Anthroposophic Medicine. The training director or the mentor will need to confirm that the work is sufficient in form and content.

The project work can be done at any time during the training and is part of the examination to become an anthroposophic physician. Examples of what it can contain are:

- A characterization of disease patterns
- A characterization of a medication or non-medicinal therapy
- An elaboration of specific case work
- Descriptions of anthroposophic anthropology (functional three-folding, fourfold nature, etc.)

It can also consist of one or several papers, or a book published during the CME period.

150 hours (of 45 minutes per credit hour) are calculated for the project work.

Here you can note down the title(s) of your project(s) and have your training director or mentor confirm your project's suitability for certification in terms of form and content with their signature. The project(s) must be submitted with your application for certification.

Title:

Accepted as project work by training director or mentor

Name:

Date:

Signature:

Or, see attached letter

Title:

Accepted as project work by training director or mentor

Name:

Date:

Signature:

Or, see attached letter

Title:

Accepted as project work by training director or mentor

Name:

Date:

Signature:

Or, see attached letter

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E. Case studies

The three case studies should show that the applicant is familiar with the fundamentals of Anthroposophic Medicine and can independently make a diagnosis in the sense of Anthroposophic Medicine, develop a therapy and evaluate the course of the illness. The three case studies should not exceed 10 pages in total and should include information about the following aspects:

- Medical history
- Current findings
- Diagnoses
- What is your sense of the patient as a whole human being? This should include elements such as the activity of the elements, a diagnosis of the members of the human fourfold nature and their interaction or imbalance, as well as functional threefolding (possibly with references)
- Describe the therapeutic need and how that relates to the selected therapy (i.e. the reasons for the choice of therapy and a description of a few aspects of the medicine(s) chosen, possibly with references)
- The treatment and the course of the illness (possibly with an evaluation of efficacy)
- Possible prognosis

100 hours (calculated at 45 minutes per preparation credit hour) are required for the case studies.

You can note your case studies briefly below. The full written case studies must be submitted with your application for certification.

Documentation of case studies

Case 1 summary (1-2 sentences):

Case 2 summary (1-2 sentences):

Case 3 summary (1-2 sentences):

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F. Work as a Medical Practitioner (MD, DO, PA, NP)

One of the prerequisites for certification in Anthroposophic Medicine is two years of independent, licensed medical work in a medical practice and/or hospital. The hospital and/or practice do not have to have an anthroposophic medical orientation.

You can document your two years of medical work below.

Optional: see work history in CV

Type of activity:

Location/practice:

From/to:

Type of activity:

Location/practice:

From/to:

Type of activity:

Location/practice:

From/to:

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Type of activity:

Location/practice:

From/to:

Type of activity:

Location/practice:

From/to:

Type of activity:

Location/practice:

From/to:

Type of activity:

Location/practice:

From/to:

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G. Checklist

To become recognized (certified) in Anthroposophic Medicine I need:

- Application form
- Application fee of \$300, check made payable to “PAAM”
- Photo
- Copy of your medical diploma
- Copy of valid state or Canadian medical license
- Documentation of participation in contact time (250 hours)
- Documentation of independent study (250 hours)
- Documentation of mentored practice hours (250 hours)
- Project(s) work, with my mentor or training director’s signature (150 hours)
- 3 case studies (100 hours)
- Curriculum vitae, or completed description of professional work experience
- 2 letters of recommendation